MORE FORMATS TO EXPLORE

about storytelling...

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NOTES

Story circles

Participants sit in a circle. Each person shares a personal story based on a prompt (e.g., "a time I really connected with the power of nature"). Ensure everyone has a turn by keeping time short (say, 2-3 minutes per story). This format encourages listening, fosters empathy, and creates a safe, inclusive space for sharing while building storytelling confidence. After everyone shares, discuss common themes or lessons learned.

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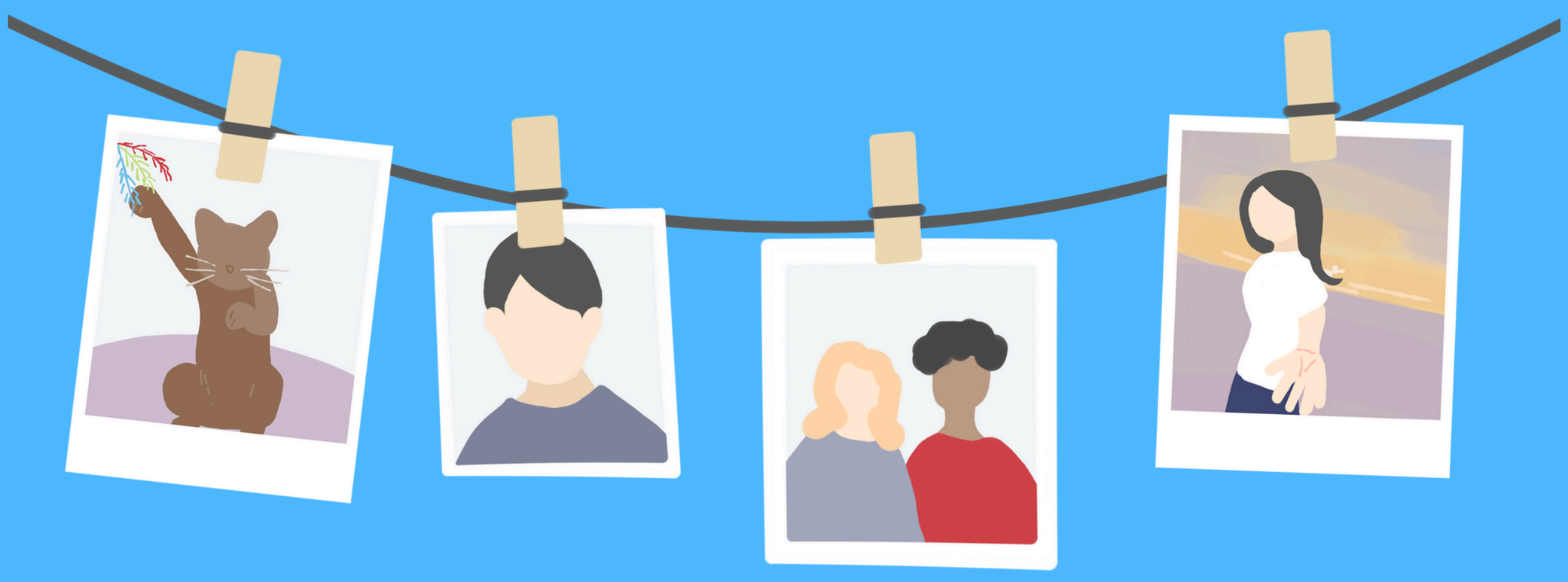
Image prompts

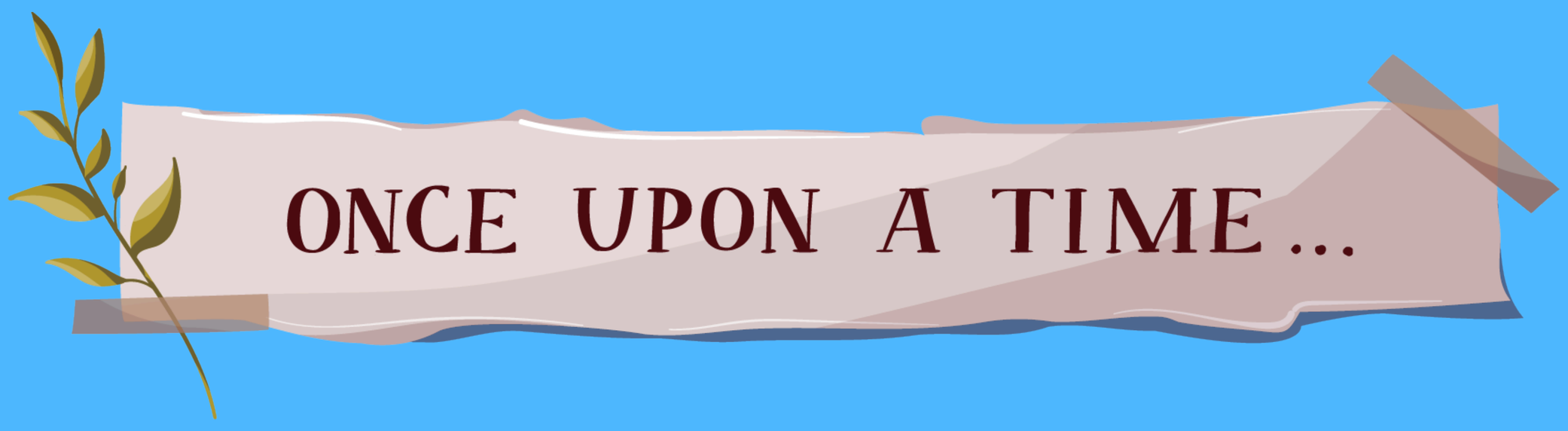
Provide a selection of evocative images based on your theme. Participants choose one that resonates with them and craft a short story around it. They share their story with a small group, exploring themes and emotions tied to the image. This format is great for sparking creativity and engaging diverse perspectives. The stories could be spoken or written.



NOTES

Group Storybuilding

Start with a single sentence (e.g., "Once upon a time, I walked along a stream..."). Each participant adds one sentence to continue the story. Encourage twists, humor, or surprises. The collaborative process fosters teamwork and creativity while demonstrating how individual contributions build a cohesive narrative and shared ownership of the creative process.



NOTES

Two truths and a story

Participants write two true statements and one fictional statement about themselves. Others guess which is fictional. Then, the participant reveals the full story behind their truths and fiction. This format is playful, encourages creativity, and deepens group understanding lightheartedly.

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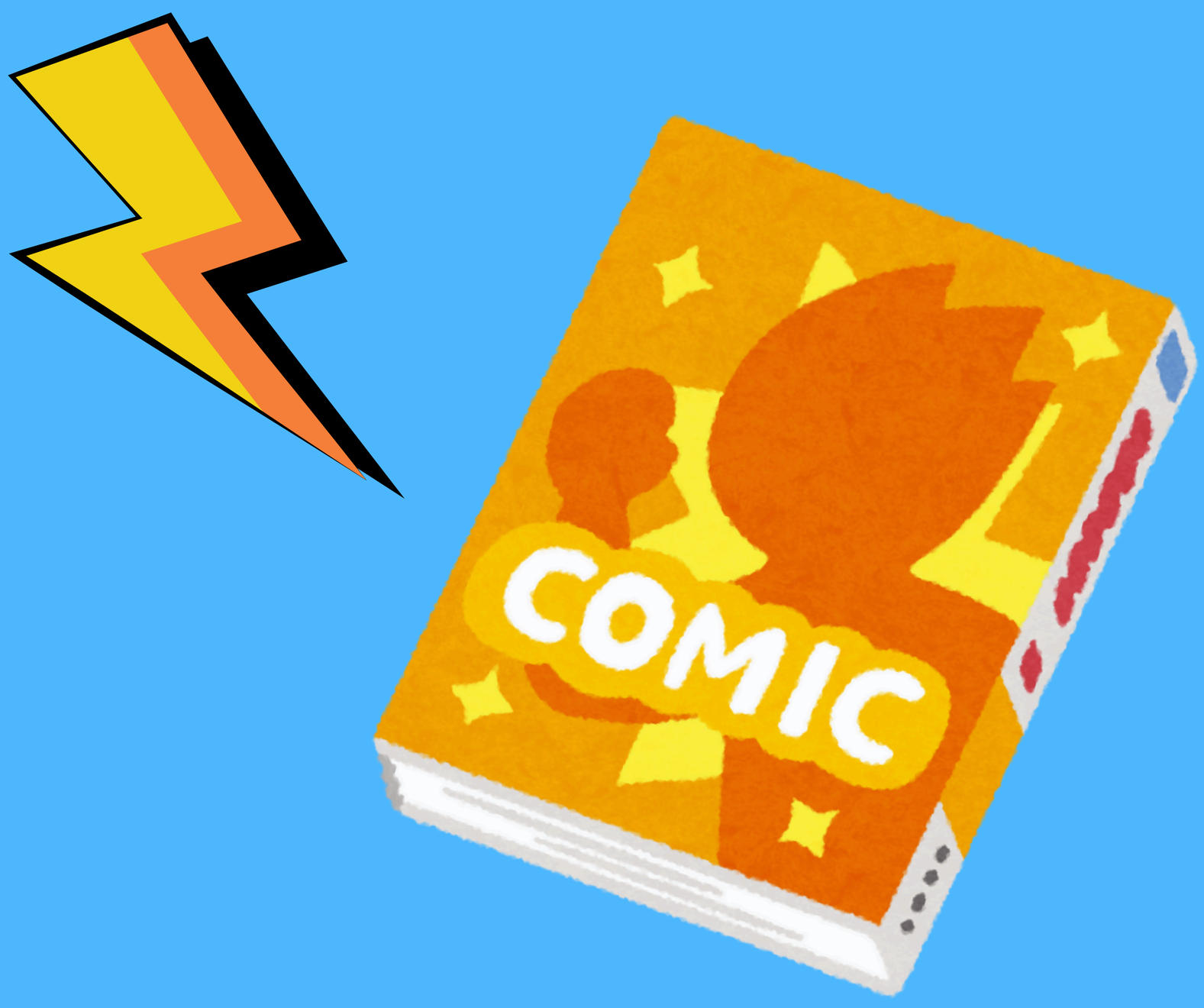
Build a comic story

In groups, turn the ideas and situations of your theme into characters and story. Have the characters talk and interact about the ideas.
Group members who can draw can be useful, or add an artist to each group.



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